



**ACTION PLAN OF 2024–2026
FOR THE STRATEGY ON HEALTH
CARE OF THE POPULATION OF
THE REPUBLIC OF TAJIKISTAN
FOR THE PERIOD UP TO 2030**



Ministry of Finance of the Republic of Tajikistan

Ministry of Health and Social Protection of
Population of the Republic of Tajikistan







The Challenge

Despite substantive progress over the past two decades, Tajikistan continues to trail other countries in the Europe and Central Asia region in key health indicators such as life expectancy, out-of-pocket expenditures, child mortality and stunting, causing substantial loss of human capital. As communicable diseases remain a significant share of the disease burden, noncommunicable diseases (NCDs) such as cardiovascular disease and diabetes are sharply increasing and presently account for the majority of mortality and disability in the country. Tracking these challenges is crucial for Tajikistan to ensure a healthy, more resilient future for its people, strengthen human capital and promote economic growth.

The Opportunity

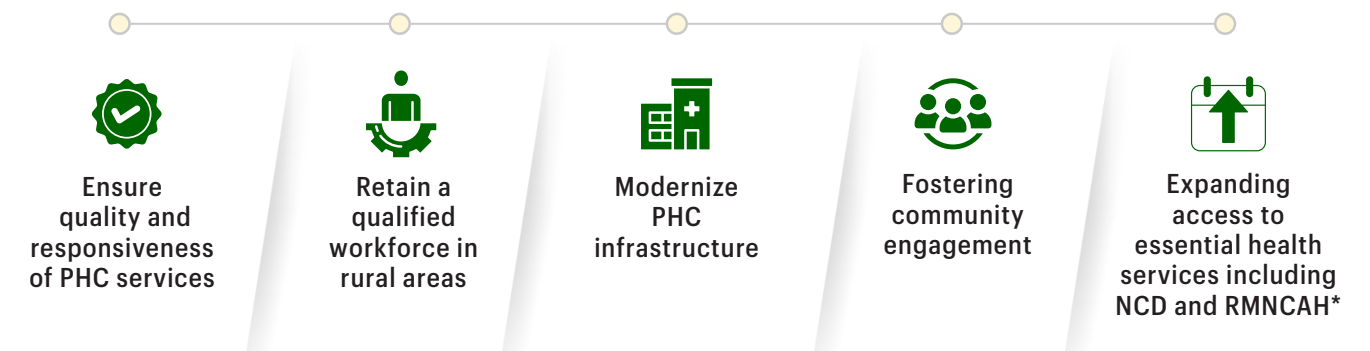
The Republic of Tajikistan with support from development partners developed the Prioritized Action Plan 2024-2026. Aligned with the long-term vision of the Strategy on Health Care of the Population of the Republic of Tajikistan for the period up to 2030, the action plan aims to transform the health care system to accelerate progress towards universal health coverage (UHC). Developed in collaboration with country and global partners, the plan includes actions to ensure that all women, children and adolescents can access the care they need to survive and thrive. With this plan, the government—including the Ministry of Finance (MOF) and the Ministry of Health and Social Protection of Population (MOHSP)—leads a process to strengthen alignment among stakeholders and drive efficient investment towards health sector priorities and reforms.



Transformational Reforms to lay the Foundation for the Future

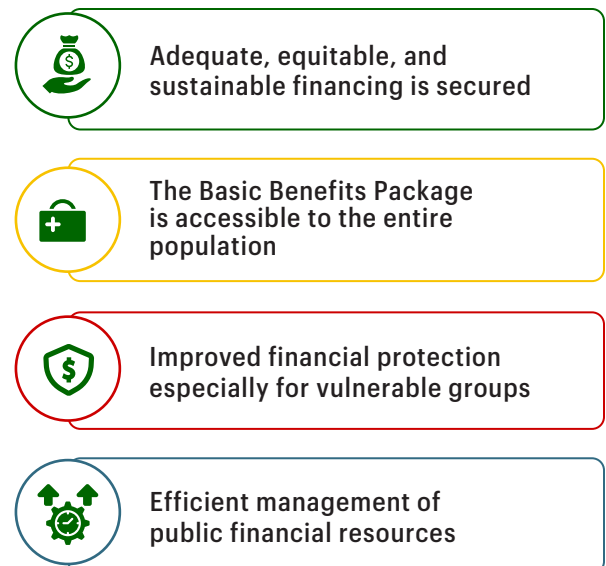
1. Putting Primary Health Care at the Center of Efforts

Tajikistan’s primary health care (PHC) system, anchored in the family medicine model, serves as the crucial foundation in delivering health to all. The action plan aims to enhance the accessibility, quality, and responsiveness of PHC services. It prioritizes upgrading infrastructure, modernizing facilities, investing in the health workforce to ensure equitable access to care—especially in rural areas—securing medicines and integrating technology and innovation. By fostering community ties and integrating essential health services, the goal is to empower every individual to lead a healthy and fulfilling life, irrespective of age, location, or background.



2. Ensuring Sustainable Financing

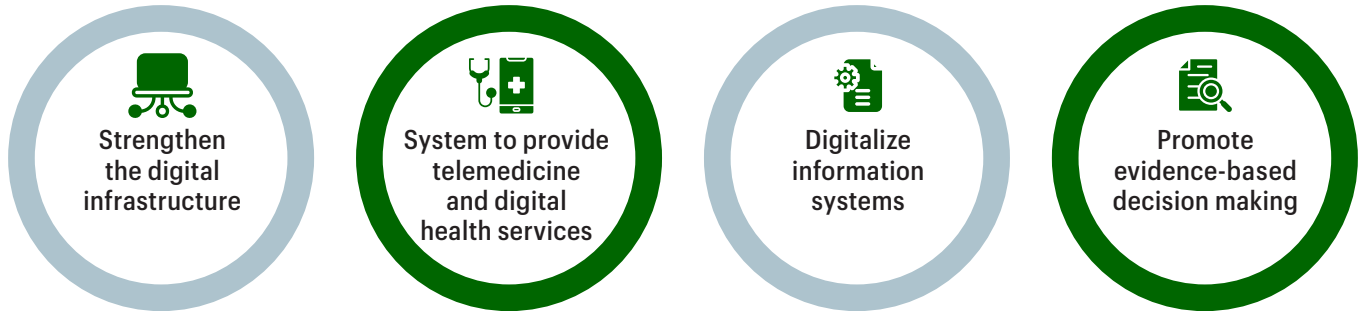
The plan prioritizes strategic purchasing, resource mobilization, and efficient spending of existing resources. It advocates for increased government investment in health care and strengthens financial planning and monitoring using tools like the Mid-term Expenditure Framework (MTEF) and National Health Accounts. It calls for simplification of payments and for a unified national health benefit package to ensure equitable access to services while enhancing capacity to support the implementation of these reforms.



* RMNCAH - Reproductive, maternal, newborn, child, and adolescent health

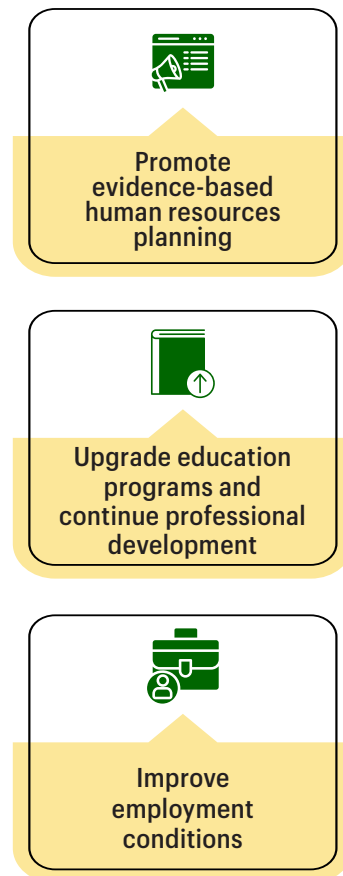
3. Promoting Health Management Information Systems and Digital Health

The plan focuses on digitizing the health sector, including setting up systems for telemedicine, electronic disease surveillance and transforming Health Management Information Systems (HMIS) to enhance health care delivery, respond to threats, and strengthen governance. It will also train health care personnel to proficiently manage and use these advanced systems.



4. Ensuring Sustainable Human Resources Development

Reforms aim to improve planning and align the health workforce availability and capacity with population needs, especially in rural areas. A key aspect is the establishment of a national registry and electronic database for health care workers, and strengthening the generation and use of evidence. It will invest in the education workforce—including upgrading educational infrastructure, updating guidelines, providing continuous medical education for family medicine, supporting training abroad, and empowering nursing and midwifery professionals to improve employment conditions and professional growth.



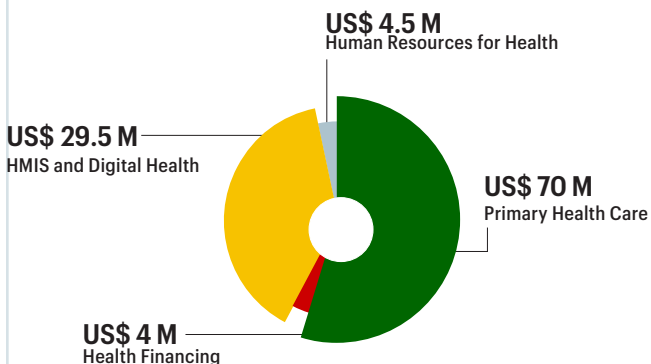
A Call to Action

The Government of Tajikistan is committed to accelerating health system reforms to create a foundation for Tajikistan's future economic growth and prosperity. The Prioritized Action Plan presents a unique opportunity for Tajikistan to change the trajectory, transform the way health is delivered, and build more resilient health systems, which can withstand multiple shocks and serve the needs of all women, children, and adolescents. With stronger collaboration, better alignment of resources, and mobilization of new resources to support the plan, Tajikistan can ensure it delivers on that promise.

TOTAL INVESTMENT NEEDED

US\$ 108 M

over three years



THE IMPLEMENTATION OF ACTION PLAN WILL CONTRIBUTE TO



Nearly

1,450,000

people will have access to better quality services



Additional

900,000

women of reproductive age will have access to family planning commodities

Reduce out-of-pocket expenses by

10%



Nearly

3,000

PHC facilities will be provided with software and hardware



Train up to

2,100

family doctors and

8,000

family nurses to provide quality services





ADVANCING TAJIKISTAN'S HEALTH AGENDA THROUGH STRONGER PARTNERSHIP

Photos: @ World Bank Tajikistan

